



Who can benefit from social narratives?

If your child struggles to act appropriately in social situation or displays challenging behaviors, social narratives are a perfect way to model appropriate behavior for your child. Social narratives are proven to work for children ranging from toddlers to elementary age.

Some examples of behaviors social narratives are proven to help include:

- Aggressive behavior
 - Not sharing appropriately
- And much more...

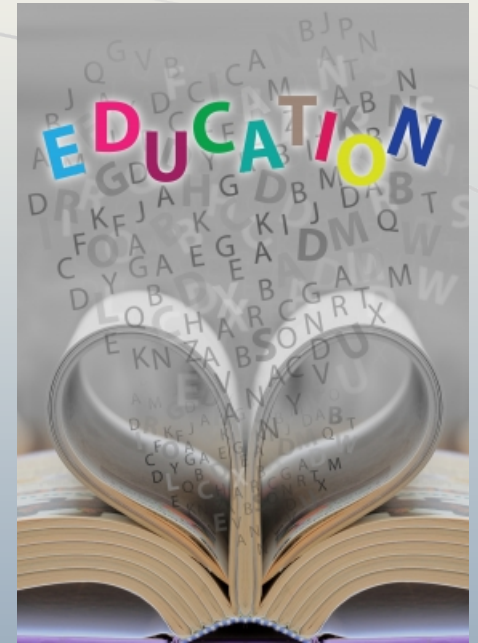
Additional Information and Resources:

Checklist:

http://www.stakmate.com/index.php?option=com_content&view=article&id=131:social-story-checklist&catid=54:social-narratives

Carol Gray's Website:
Thegraycenter.org

Sample Stories and Tips:
http://www.challengingbehavior.org/explore/pbs_docs/social_story_tips.pdf



How to Effectively Use Social Narratives

A Parent's Guide

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What is a social narrative?



A social narrative is a special picture storybook you create for your child to show your child a more appropriate way to deal with difficult situations. The story is used to show your child your appropriate expectations when it comes to a particular activity in which your child has difficulty. Social narratives are also a great way to prepare your child for a transition that may be happening soon, such as a new classroom, riding the bus or new childcare center.



How to create your child's personal social narrative

When and how to read the social narrative to your child:



Use these types of sentences:

1. Descriptive sentences- use language that vividly describes the situation your child has trouble with, who is there and what is happening
2. Perspective sentences- use sentences that describe what your child thinks and feels while participating in the activity
3. Directive sentences- describe what your child should be doing

Write the story in first person using your child's name throughout the story and using a language your child is able to understand. Use positive language throughout the story. For each directive sentence use 3-5 descriptive and perspective sentences with it. Include pictures of your child participating in the activity in an appropriate way.

1. Chose a specific activity in which your child most often acts inappropriately
2. Watch your child closely while participating in the activity, put yourself in your child's shoes.
3. Take pictures of your child while participating in the activity
4. Create a social narrative using the guidelines to the left
5. Use the social narrative checklist located in the resources to ensure your have created a proper social narrative
6. Tell your child that you two will have a special story time before they participate in the certain activity
7. Choose a place to read the story that is comfortable and free of distractions
8. Read the story with your child
9. Allow your child to read the story along with you if they wish- take your child's lead
10. After finishing the story, ask your child questions to ensure they understood the story. The final question should be specifically about the undesirable behavior.
11. Send the child to the activity